## **Barnsbury News**

### **Caledonian Connect!**

Caledonian Connect is a fantastic new advice and guidance service based at Hugh Cubitt House every weekday.

The team has started door knocking in the local area and has so far spoken to 233 people and helped 55 people with issues ranging from welfare benefit problems, employment and training, help with receiving grants for household items, support for health issues has been given as well as supporting families with children etc. One grateful resident was Aymona Bibi who said that Connect was "a great service that helped me with my problem". So why not come and visit the team at the Hugh Cubitt Centre or give them a call on 020 7833 2536.

### **Smart Start**

Peabody is about to launch a new programme at Hugh Cubitt called Smart Start. This programme is aimed at unemployed people who are on Job Seekers Allowance or people who work part –time, but are looking to access full time work but need that little bit of help to get them going.

The Smart Start programme is a short programme that lasts about 6-8 weeks with a maximum of 6-8 hours per week.

Each participant will have access to an experienced personal adviser who will offer one-to-one support and match them to updated job vacancies.

All course participants receive free access to resources such as telephones, computers, printers, fax & postal facilities and newspapers.

Please phone the Smart Start Team on 020 7021 4127 or visit us at 48 Collier Street London N1 9QZ.

#### Interested in New Media?

We would like to set up a sub group of Barnsbury Commmunity Group to look at how we can use New Media to communicate. If you think you might be able to help us give us a call on 020 7021 4787 or via the BCG facebook page

# Mapping Out Kings Cross

In April we were approached by the British Museum to participate in a community art project.

As part of the Museum's Magnificent Maps exhibition, 16 groups were given a three foot by three foot canvas square map of Kings Cross and



could do whatever they wanted with it. This map of the local area was produced as part of the community programme to support the exhibition and as part of the Reveal Festival – a festival of visual arts in King's Cross.

The 16 pieces are now hanging in the foyer of the British Library. The end result is a real mix of interesting interpretations, using different textures and materials. The map includes work by The London Canal Museum, Camley Street Natural Park, University College Hospital School and Somers Town Youth Club.

We decided to ask the new Irish Reminiscence Project to decorate our square centred on Collier Street. The square was converted into a postcode from home with a decorative collage along the bottom. The text of the postcard features not individual stories but a general reflection of the Irish experience in coming to London and settling in the local area.

The exhibition continues until the end of June and entry is free.

**Find Barnsbury Community Group on** 

facebook

### Would you like to grow some fruit and vegetables?



Every Tuesday 2-3pm

Now at the Parent House!

Come along and learn how to grow vegetables, fruit and herbs in our friendly gardening club. Participants receive free window boxes, pots, compost and seeds to take home.

We are organising a fruit picking trip—come along and join us!

### **Kate Greenaway at Barnsbury**

Kate Greenaway has recently started running sessions at the Barnsbury Community Hall and are in the process of developing a comprehensive childcare, leisure and training schedule for the centre.

On Mondays' we have aerobics, and we are currently recruiting student for our ESOL classes. If you are interested please come down to the Barnsbury Community Hall for our registration session 9:30-12:00 Monday 29<sup>th</sup> March.

In partnership with Kate Greenaway we are also planning sowing and baby massage sessions. For more information about all these sessions and how you can get involved please contact Kate Greenaway on 020 7527 4850 or Christopher Newport on 020 7833 2525.

### Irísh Remíníscence Project

1st Wednesday of every month



Get together, reminisce and have some fun over lunch and other social activities.

For more information call Claire Buckley on 020 7272 7906

### Healthy Lunch Club

Re -Starts in September! Come and make new friends and enjoy a delicious three course lunch for free.

Call Rebecca on 020 7021 4228 for more information and to book your place!

Funded by Activate London

#### Barnsbury Youth Forum

Tuesdays and Thursdays 7-9pm 13 - 19 olds

If you would like to know more about the youth forum, head down to the Barnsbury Community Centre on the estate and have a chat with **Jeana** or call **Christopher Newport** at Newlon Fusion on **020 7033 4654**.

# Benadiri Youth League Every Saturday & Sunday 10.30-12.30, Old Laundry

- Arabic Classes
- Help with school homework.
- Enable Youth to become more aware of their community culture.
- Improve individuals' confidence in education, empower them, increase their self-esteem and make them more independent.
- Help the community, and inform them of understanding of the British culture.

For more information contact Adnan Faghih on 07709411494



Wednesdays, Fridays and Sundays 7.30 –10pm At the Old Laundry Barnesbury News March 2010

# What's On at Hugh Cubitt

#### **Hanover Play Group**

Contact Gillian Brady on 020 7837 0739

#### TAI-CHI

EVERY WEDNESDAY 7.30-9.30PM CALL 0794 009888

### Dance Delicious

Dance Classes for Children.

Call Lori on 07772 501 776 or email dance-delicious@hotmail.co.uk

Hagakure Group Leonard Bean Tel 07971 442667 Mondays 6-9pm

# Barnsbury Community Group

The Barnesbury Community Group brings together those involved in community development in Barnsbury.

We want to ensure that we achieve best value from resources in the area by encouraging volunteer and community groups as well as Peabody, Newlon HA and Islington Council to work together to make the area a better place to live.

#### Join Us!

We would be delighted to hear from you if you would like to help us bring the neighbourhood together, volunteer for a project or have an idea for a new project.

Please feel free to contact us Lala on 020 7021 4787 or email: lala.benn@peabody.org.uk Chris on 020 7033 4654 or email: C.newport@newlonfusion.org.uk

# YOGA



# Thursdays 10 –11 am

Supported by Aqua Terra. Call Laura Caro -Sanchez 07886 359 014

Only £1 per session

#### Turkish and Kurdish Children's Group

Every Saturday 11-5.30pm Term Time

Telephone Gulderen on 07957609909

### FREE Advice Sessions

Welfare Benefits Advice Every Tuesday Fortnight Morning

Starting 29th June

#### **Debt Advice**

**Every Thursday Fortnight Afternoon starting 1st July** 

For more information or to book an appointment call 020 7833 4548

# Coffee Shop

Not yet! — but we are keen to start a community run coffee shop at Hugh Cubitt. Could you help us get it off the ground?

The coffee shop could act to bring people together especially now the magnificent works to Grimaldi Park approaches completion.

We would really like to hear from you if you would like to help us.

Please feel free to call Martin on 020 7021 4607 or visit the facebook discussion

### Peabody Neighbourhood Surgery

Every Tuesday 10-12pm Every Thursday 3-5pm

### **Activities for Young People**

Peabody Youth Service is keen to develop activities for young people in the area.

If you would like to register or if you have an idea for a new activity then call Junior on 07949 471 217.

Useful Contacts		
Community Facilities		
Barnsbury Community Centre	020 7833 2525	BELMO@newlonfusion.org.uk
Hugh Cubitt Centre Old Laundry Wynford Hall	020 7021 4787	lala.benn@peabody.org.uk
Housing Management		
Peabody Customer Services	020 7021 4444 0800 022 4040	customerservice@peabody.org.uk
Newlon Housing Trust South Barnsbury Neighbourhood Manager	020 7613 8000 020 7033 4654	info@newlon.org.uk cnewport@newlonfusion.org.uk
General		
Islington Council	020 7527 2000	www.islington.gov.uk
Safer Neighbourhood Team	020 7421 0328 07920 233 797	barnesbury.snt@met.police.uk
Money Advice Bookings	020 7021 4016	Leigh.andrews@Peabody.org.uk
Caledonian Connect Dionne Wilson—Brown Parveen Akhtar	020 7833 4548 07875 224 389 020 7833 2536 07875 659 305	dwilson-brown@helponyourdoorstep.com pakhtar@helponyourdoorstep.com
Local Democracy		
Cllr James Murray	020 7527 3090	james.murray@islington.gov.uk
Cllr Mouna Hamitouche	020 7527 3113	mouna.hamitouche@islington.gov.uk
Cllr Jilani Chowdhury	07790 774 904	jilani.chowdhury@islington.gov.uk
Emily Thornberry MP	020 7697 9307	emilythornberrymp@parliament.uk

### BARNSBURY ON SEA! Wednesday 28th July 8-6pm

### Free coach trip to Southend

Departs 8am from 48 Collier Street Departs Southend at 6pm

Families, Couples and singles welcome. No unaccompanied under 18s

### To register your place(s) please:

call in to the Peabody Neighbourhood Surgery:

E: lala.benn@peabody.org.uk T: 020 7021 4787

50 places available first come first served!

